



Local League Rules

T-Ball

(Updated 2022)

Overview of T-Ball Rules & Regulations

1. Coaches will be given a tee and 6 baseballs. League helmets will be provided and must be worn during games.
2. Every player is in the batting order.
3. Every player bats one time per inning.
4. Games will last until each team gets a minimum three at bats or a total of 60 minutes. If time allows, play another inning.
5. After the batting team's entire lineup has batted, they must switch with the team in the field. Last batter runs all the bases until he/she crosses home plate.
6. The batter does not swing until the coach sees that all players are ready and says "Batter Up!".
7. No bunting, stealing, leading off, or advancing bases on overthrows and missed cutoffs.
8. The batted ball must travel outside the half moon or it will be called a foul ball. No strikeouts or walks.
9. The coach will be the catcher. There will be 6 infielders: 2 pitchers, first base, second base, shortstop, and third base. The rest of the players will be in the outfield. Outfielders must play infield during the next inning.
10. Teams will play with the orange safety base.
11. On defense, coaches will be out in the field instructing players on what to do. On offense, coaches will be in the coaching box instructing their runners.
12. When you are the last game or last practice...Please put away bases and rake field.
13. When in doubt, use common sense to keep players safe and give them the opportunity to play.